

D-vitamiini on vaja, aga liig teeb liiga

Liebert, Tiiu Tervisemeeter 2022 / Lk. 6-7 : fot https://www.ester.ee/record=b5295006*est

4-pyridoxic acid in the spent dialysate : contribution to fluorescence and optical monitoring

Kalle, Sigrid; Tanner, Risto; Arund, Jürgen; Tomson, Ruth; Luman, Merike; Fridolin, Ivo PLoS ONE 2016 / art. e0162346, p. 1-11 : ill <https://doi.org/10.1371/journal.pone.0162346> [Journal metrics at Scopus](#) [Article at Scopus](#) [Journal metrics at WOS](#) [Article at WOS](#)

Rauavaegust võivad tekitada selle imendumist takistavad toidud

Liebert, Tiiu Postimees 2021 / Lk. 19 <https://dea.digar.ee/article/postimees/2021/07/20/16.6>

Stressile aitab kaasa oluliste vitamiinide vaegus

Liebert, Tiiu Tervisemeeter 2021 / Lk. 8 https://www.ester.ee/record=b5295006*est <https://dea.digar.ee/cgi-bin/dea?a=cl&cl=CL1&sp=tervisemeeter>

Toidunipid väsimuse vastu : [TTÜ toitumisteadlase Tagli Pitsi soovitusi]

Eilsen, Stina; Pitsi, Tagli Postimees 2009 / 4. apr., Arter, lk. 15 <https://tervis.postimees.ee/102437/toidunipid-vasimuse-vastu>

Vitamins formed by microorganisms in fermented foods : effects on human vitamin status—a systematic narrative review

Keyvan, Erhan; Adesemoye, Elizabeth; Champomier-Verges, Marie-Christine; Chanseaume-Bussiere, Emilie; Mardon, Julie; Nikolovska Nedelkoska, Daniela; Palamutoglu, Recep; Russo, Pasquale; Sarand, Inga; Songre-Ouattara, Laurencia Frontiers in nutrition 2025 / 21 p. <https://doi.org/10.3389/fnut.2025.1653666>

Vitamins in nutrition and the prevalence of hypovitaminoses of some population groups in Estonia (review 1964-1994)

Saava, Merileid Food and nutrition = Toit ja toitumine 1997 / p. 38-54 https://www.ester.ee/record=b1189751*est