

### **Challenges and opportunities for e-mental health policy : an Estonian case study**

**Sogomonjan, Melita** Contemporary social science 2021 / p. 185-198 <https://doi.org/10.1080/21582041.2020.1720795> [Journal metrics at Scopus](#) [Article at Scopus](#) [Journal metrics at WOS](#) [Article at WOS](#)

### **Doktoritöö: vaimse tervise digiabi takerdus Eestis tabude ja ajastuse taha**

Harrik, Airika novaator.err.ee 2024 [Doktoritöö: vaimse tervise digiabi takerdus Eestis tabude ja ajastuse taha](https://digikogu.taltech.ee/et/Item/8c38b3ae-9f7e-492a-9b5a-42abae0e98f2)  
<https://digikogu.taltech.ee/et/Item/8c38b3ae-9f7e-492a-9b5a-42abae0e98f2>

### **Final Trial Report 2nd Wave (cCBT)**

Txarramendieta, Jon; Fullaondo, Ana; Manuel Keenoy, Esteban de; Vis, Christiaan; Etzelmuller, Anne; Pinto, Ana G.; Sierra, Modesto; Piera, Jordi; Fernandez, Susana; Cavallo, Marco; **Sogomonjan, Melita** 2017 <https://doi.org/10.48726/Oxye3-4e272>

### **A report on the survey. Attitudes of Estonian healthcare professionals to internet-delivered cognitive behavioural therapy**

**Sogomonjan, Melita; Kerikmäe, Tanel; Ööpik, Pille; Ross, Peeter** Cogent psychology 2019 / art. 1637623, 12 p  
<https://doi.org/10.1080/23311908.2019.1637623> [Journal metrics at Scopus](#) [Article at Scopus](#) [Journal metrics at WOS](#) [Article at WOS](#)

### **Understanding failure in digital health implementation – a case study of Implementing Computerised Cognitive Behaviour Therapy (cCBT) in Estonia = Mõtestades e-Tervise rakendamise ebaõnnestumist - arvutipõhise kognitiivse käitumisteraapia (KKT) rakendamise juhtumiuuring Eestis**

**Sogomonjan, Melita** 2024 [https://www.ester.ee/record=b5688807\\*est](https://www.ester.ee/record=b5688807*est) <https://digikogu.taltech.ee/et/Item/8c38b3ae-9f7e-492a-9b5a-42abae0e98f2> <https://doi.org/10.23658/taltech.33/2024>

### **Диссертация: 10 лет назад в Эстонии не были готовы к цифровой психотерапии**

**Sogomonjan, Melita; Harrik, Airika** nauka.err.ee 2024 [Диссертация: 10 лет назад в Эстонии не были готовы к цифровой психотерапии](https://digikogu.taltech.ee/et/Item/8c38b3ae-9f7e-492a-9b5a-42abae0e98f2)  
<https://digikogu.taltech.ee/et/Item/8c38b3ae-9f7e-492a-9b5a-42abae0e98f2>