

Outdoor skills education: what are the benefits for health, learning and lifestyle?

Raadik Cottrell, Jana; Cottrell, Stuart World leisure journal 2020 / p. 219–241 <https://doi.org/10.1080/16078055.2020.1798051> [Journal metrics at Scopus](#) [Article at Scopus](#) [Journal metrics at WOS](#) [Article at WOS](#)

2013 ESH/ESC guidelines for the management of arterial hypertension: The Task Force for the management of arterial hypertension of the European Society of Hypertension (ESH) and of the European Society of Cardiology (ESC)

Mancia, Giuseppe; Fagard, Robert; Narkiewicz, Krzysztof; Redon, Josep; Zanchetti, Alberto; Böhm, Michael; Christiaens, Thierry; Cifkova, Renata; **Viigimaa, Margus** European Heart Journal 2013 / p. 2159 - 2219 <https://doi.org/10.1093/eurheartj/eh1151> [Journal metrics at Scopus](#) [Article at Scopus](#) [Journal metrics at WOS](#) [Article at WOS](#)

2013 Practice guidelines for the management of arterial hypertension of the European Society of Hypertension (ESH) and the European Society of Cardiology (ESC): ESH/ESC Task Force for the Management of Arterial Hypertension

Mancia, Giuseppe; Fagard, Robert; Narkiewicz, Krzysztof; Redón, Josep; Zanchetti, Alberto; Böhm, Michael; Christiaens, Thierry; Cifkova, Renata; **Viigimaa, Margus** Journal of Hypertension 2013 / p. 1925 - 1938 <https://doi.org/10.1097/HJH.0b013e328364ca4c> [Journal metrics at Scopus](#) [Article at Scopus](#) [Journal metrics at WOS](#) [Article at WOS](#)