

**The impact of type of dietary protein, animal versus vegetable, in modifying cardiometabolic risk factors: A position paper from the International Lipid Expert Panel (ILEP)**

Zhubi-Bakija, Fjolla; Bajraktari, Gani; Bytyçi, Ibadete; Mikhailidis, Dimitri P.; Henein, Michael Y.; Latkovskis, Gustavs; **Viigimaa, Margus** Clinical nutrition 2021 / p. 255-276 <https://doi.org/10.1016/j.clnu.2020.05.017> [Journal metrics at Scopus](#) [Article at Scopus](#) [Journal metrics at WOS](#) [Article at WOS](#)

**Low-carbohydrate high-fat weight reduction diet induces changes in human gut microbiota**

**Jaagura, Madis**; Viiard, Ene; Karu-Lavits, Kärtin; **Adamberg, Kaarel** MicrobiologyOpen 2021 / art. e1194 <https://doi.org/10.1002/mbo3.1194> [Journal metrics at Scopus](#) [Article at Scopus](#) [Journal metrics at WOS](#) [Article at WOS](#)