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Aprill on südamekuu, jälgi oma südant! : südame- ja veresoonekonnahaigustesse sureus on Eestis jätkuvalt kõrge. Põhja-Eesti Regionaalhaigla kardioloogi Margus Viigimaa sõnul sõltub palju meie elustiilist - jälgida tuleks oma südant ja kolesteroolitaset

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