

The composition of faecal microbiota is related to the amount and variety of dietary fibres

Adamberg, Kaarel; Jaagura, Madis; Aaspõllu, Anu; Nurk, Eha; Adamberg, Signe International Journal of Food Sciences and Nutrition 2020 / p. 845-855 : ill <https://doi.org/10.1080/09637486.2020.1727864> [Journal metrics at Scopus](#) [Article at Scopus](#) [Journal metrics at WOS](#) [Article at WOS](#)

Short-term pectin-enriched smoothie consumption has beneficial effects on the gut microbiota of low-fiber consumers

Pihelgas, Susan; Ehala-Aleksejev, Kristel; Kuldjärv, Rain; Jõeleht, Ann; Kazantseva, Jekaterina; **Adamberg, Kaarel** FEMS Microbes 2024 / art. xtae001 <https://doi.org/10.1093/femsmc/xtae001>

The composition of faecal microbiota is related to the amount and variety of dietary fibres

Adamberg, Kaarel; Jaagura, Madis; Aaspõllu, Anu; Nurk, Eha; Adamberg, Signe 14th Baltic Conference on Food Science and Technology "Sustainable Food for Conscious Consumer" : FoodBalt 2021 : book of abstracts 2021 / p. 17