## What is an evidence-informed approach to practice and why is it important?

Alla, Kristel; Joss, Nerida The Australian Institute of Family Studies 2021 <a href="https://aifs.gov.au/resources/short-articles/what-evidence-informed-approach-practice-and-why-it-important">https://aifs.gov.au/resources/short-articles/what-evidence-informed-approach-practice-and-why-it-important</a>

## What is infant mental health, why is it important, and how can it be supported?

**Alla, Kristel**; Hinkley, Trina Emerging Minds 2021 / p. 1–18 <a href="https://emergingminds.com.au/resources/what-is-infant-mental-health-why-is-it-important-and-how-can-it-be-supported/">https://emergingminds.com.au/resources/what-is-infant-mental-health-why-is-it-important-and-how-can-it-be-supported/</a>