

A novel physical fatigue assessment method utilizing heart rate variability and pulse arrival time towards personalized feedback with wearable sensors

Allik, Ardo; Pilt, Kristjan; Viigimäe, Moonika; Fridolin, Ivo; Jervan, Gert Sensors 2022 / art. 1680 <https://doi.org/10.3390/s22041680>
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