

**Access to abortion is a human right**

Khalid, Sadia The European Sting 2022 <https://europeansting.com/2022/09/16/access-to-abortion-is-a-human-right/>

**Addressing domestic and family violence: healthcare professionals' role and responsibilities**

Khalid, Sadia The European Sting 2023 [Addressing domestic and family violence: healthcare professionals' role and responsibilities](#)

**Bearing witness to a planet in peril: The intersection of climate crisis, migration, and injustice**

Khalid, Sadia The European Sting 2023 [Bearing witness to a planet in peril: The intersection of climate crisis, migration, and injustice](#)

**Breaking barriers : empowering women's leadership in global health**

Khalid, S. The European Sting 2024 <https://europeansting.com/2024/05/02/breaking-barriers-empowering-womens-leadership-in-global-health/>

**Building climate-resilient healthcare systems: An integrated framework for action**

Khalid, Sadia The European Sting 2023 [Building climate-resilient healthcare systems: An integrated framework for action](#)

**Climate change and antibiotic resistance: A looming global health crisis**

Khalid, Sadia The European Sting 2023 [Climate change and antibiotic resistance: A looming global health crisis](#)

**Climate change and infectious diseases: Heightened concerns regarding H. pylori**

Khalid, Sadia The European Sting 2023 [Climate change and infectious diseases: Heightened concerns regarding H. pylori](#)

**Climate change's complex impact on food security and the right to adequate nutrition**

Khalid, Sadia The European Sting 2023 [Climate Change's Complex Impact on Food Security and the Right to Adequate Nutrition](#)

**Coping diabetes distress : learning, connecting, and engaging**

Khalid, Sadia The European Sting 2022 <https://europeansting.com/2022/12/21/coping-diabetes-distress-learning-connecting-and-engaging/>

**COVID-19 pandemic and vaccine hesitancy : how to have right vaccine related conversations**

Khalid, Sadia The European Sting 2022 <https://europeansting.com/2022/06/10/covid-19-pandemic-and-vaccine-hesitancy-how-to-have-right-vaccine-related-conversations/>

**Denial as policy in the post-COVID world and ramifications of populism : COVID didn't kill populism**

Khalid, Sadia The European Sting 2023 <https://europeansting.com/2023/02/08/denial-as-policy-in-the-post-covid-world-and-ramifications-of-populism-covid-didnt-kill-populism/>

**Domestic violence and the role of healthcare system**

Khalid, Sadia The European Sting 2023 [Domestic violence and the role of healthcare system](#)

**The dynamic interplay between economic crisis and health: Insights from the COVID-19 pandemic and the 2008 financial crisis**

Khalid, Sadia The European Sting 2024 [The dynamic interplay between economic crisis and health: Insights from the COVID-19 pandemic and the 2008 financial crisis](#)

**Empowering women in healthcare : dismantling systemic biases and advancing leadership**

Khalid, Sadia The European Sting 2024 <https://europeansting.com/2024/05/01/empowering-women-in-healthcare-dismantling-systemic-biases-and-advancing-leadership/>

**Empowering women's leadership in global health : a blueprint for equity and excellence**

Khalid, Sadia The European Sting 2024 <https://europeansting.com/2024/04/23/empowering-womens-leadership-in-global-health-a-blueprint-for-equity-and-excellence/>

**Empowering women's leadership in global health : addressing barriers and driving impact**

Khalid, Sadia The European Sting 2024 <https://europeansting.com/2024/04/30/empowering-womens-leadership-in-global-health-addressing-barriers-and-driving-impact/>

**Empowering youth for global change : a call to action in conflict resolution and peacebuilding**

Khalid, Sadia The European Sting 2024 [Empowering youth for global change : a call to action in conflict resolution and peacebuilding](#)

**Evolving perspectives on domestic violence: A historical overview**

Khalid, Sadia The European Sting 2023 [Evolving Perspectives on Domestic Violence: A Historical Overview](#)

**Fostering menstrual equity : promoting inclusivity and empowerment in period experiences**

Khalid, Sadia The European Sting 2023 <https://europeansting.com/2023/06/21/fostering-menstrual-equity>

### **Gender biases and inequality in healthcare : time to train the conscious doctors of the future**

Khalid, Sadia The European Sting 2022 <https://europeansting.com/2022/04/19/gender-biases-and-inequality-in-healthcare-time-to-train-the-conscious-doctors-of-the-future/#>

### **Global health : navigating the impact of poverty and economic crisis**

Khalid, Sadia The European Sting 2024 [Global health : navigating the impact of poverty and economic crisis](#)

### **Greening research work: practical tips for minimizing waste and promoting sustainability**

Khalid, Sadia The European Sting 2023 [Greening Research Work: Practical Tips for Minimizing Waste and Promoting Sustainability](#)

### **Health challenges of refugees and lessons to be learned**

Khalid, Sadia The European Sting 2023 [Health challenges of refugees and lessons to be learned](#)

### **Is age just a number? Exploring the impact of ageism and discrimination faced by immigrant, refugee, and asylum-seeking doctors and medical students**

Khalid, Sadia The European Sting 2023 [Is age just a number? Exploring the impact of ageism and discrimination faced by immigrant, refugee, and asylum-seeking doctors and medical students](#)

### **Menstrual poverty : what can be done to address period poverty?**

Khalid, Sadia The European Sting 2023 <https://europeansting.com/2023/06/23/menstrual-poverty-what-can-be-done>

### **Menstrual shame : societal norms, and deeply ingrained gender biases**

Khalid, Sadia The European Sting 2023 <https://europeansting.com/2023/06/26/menstrual-shame-societal-norms-and-deeply-ingrained-gender-biases/>

### **The mental health of healthcare workers in COVID-19**

Khalid, Sadia The European Sting 2023 <https://europeansting.com/2023/05/16/the-mental-health-of-healthcare-workers-in-covid-19/>

### **Mental illness : a ghost in a shell**

Khalid, Sadia The European Sting 2022 <https://europeansting.com/2022/10/21/mental-illness-a-ghost-in-a-shell-2/>

### **Navigating global health equity : lessons from COVID-19 and universal health coverage**

Khalid, Sadia The European Sting 2024 [Navigating Global Health Equity: Lessons from COVID-19 and Universal Health Coverage](#)

### **Navigating healthcare disparities : unravelling the impact of geographical location in the era of COVID-19 and universal health coverage**

Khalid, Sadia The European Sting 2024 [Navigating Healthcare Disparities: Unravelling the Impact of Geographical Location in the Era of COVID-19 and Universal Health Coverage](#)

### **Navigating major healthcare challenges in the face of prolonged effects of long COVID**

Khalid, Sadia The European Sting 2023 [Navigating Major Healthcare Challenges in the Face of Prolonged Effects of Long COVID](#)

### **Navigating ongoing challenges : late-summer COVID wave signals persistence of the pandemic**

Khalid, Sadia The European Sting 2023 <https://europeansting.com/2023/09/21/navigating-ongoing>

### **Navigating the labyrinth: sociopolitical dynamics of COVID-19 responses in affluent democracies**

Khalid, Sadia The European Sting 2024 [Navigating the labyrinth: sociopolitical dynamics of COVID-19 responses in affluent democracies](#)

### **Navigating the obstacles : challenges faced by foreign medical students as immigrants, refugees, and asylum seekers in a foreign country**

Khalid, Sadia The European Sting 2023 <https://europeansting.com/2023/08/08/navigating-the-obstacles>

### **A One Health approach to achieving the Global Health agenda**

Khalid, Sadia The European Sting 2021 <https://europeansting.com/2021/12/27/a-one-health-approach-to-achieving-the-global-health-agenda/>

### **Optimizing strategies to address burnout in the healthcare staff : let's care for the people who care for us**

Khalid, Sadia The European Sting 2023 <https://europeansting.com/2023/05/17/optimizing-strategies>

### **Pandemics of COVID-19 and systemic racism : lessons and strategies for future**

Khalid, Sadia The European Sting 2023 <https://europeansting.com/2023/02/09/pandemics-of-covid-19-and-systemic-racism-lessons-and-strategies-for-future/>

### **Population trends : the impact of aging demographics on public health challenges**

Khalid, Sadia The European Sting 2023 <https://europeansting.com/2023/08/31/population-trends>

### **Poverty and health : a vicious cycle unravelled**

Khalid, Sadia The European Sting 2024 [Poverty and health : A vicious cycle unravelled](#)

### **Reclaiming the sacred : empowering women and debunking menstrual myths**

Khalid, Sadia The European Sting 2023 <https://europeansting.com/2023/06/27/reclaiming-the-sacred-empowering-women-and-debunking-menstrual-myths/>

### **Refugees' health crisis and Social determinants of health (SDH)**

Khalid, Sadia The European Sting 2023 <https://europeansting.com/2023/04/20/refugees-health-crisis-and-social-determinants-of-health-sdh/>

### **Rethinking global health : a paradigm shift towards social justice, economic redistribution, and human rights**

Khalid, Sadia The European Sting 2024 [Rethinking global health : A paradigm shift towards social justice, economic redistribution, and human rights](#)

### **Rights of refugees and asylum seekers : challenges and recommendations for improvement**

Khalid, Sadia The European Sting 2023 <https://europeansting.com/2023/08/04/rights-of-refugees>

### **Securing quality education access for refugees : ensuring the right to (medical) education**

Khalid, Sadia The European Sting 2023 <https://europeansting.com/2023/08/09/securing-quality-education>

### **Seeking refuge from war zones: The desperate quest of doctors and medical students**

Khalid, Sadia The European Sting 2023 [Seeking refuge from war zones: The desperate quest of doctors and medical students](#)

### **Social stigma and taboos : the shame, discrimination, or fear surrounding menstruation**

Khalid, Sadia The European Sting 2023 <https://europeansting.com/2023/06/28/social-stigma-and-taboos-the-shame-discrimination-or-fear-surrounding-menstruation/>

### **Socioeconomic disparities in COVID-19 health outcomes : a South Korean perspective on universal health coverage**

Khalid, Sadia The European Sting 2024 [Socioeconomic Disparities in COVID-19 Health Outcomes : A South Korean Perspective on Universal Health Coverage](#)

### **Strategizing climate-resilient healthcare systems: A robust framework and initiative for environmental sustainability**

Khalid, Sadia The European Sting 2023 [Strategizing climate-resilient healthcare systems: A robust framework and initiative for environmental sustainability](#)

### **The mental weight of climate awareness on future medical professionals**

Khalid, Sadia The European Sting 2023 [The mental weight of climate awareness on future medical professionals](#)

### **The unsung heroes: Refugee and asylum-seeking medical students and doctors in war and peace**

Khalid, Sadia The European Sting 2023 [The unsung heroes: Refugee and asylum-seeking medical students and doctors in war and peace](#)

### **Towards a better future : what we can do for our healthcare system**

Khalid, Sadia The European Sting 2022 / 1 p. : ill <https://europeansting.com/2022/03/24/towards-a-better-future-what-we-can-do-for-our-healthcare-system/>

### **Ukrainian refugees and migrant health**

Khalid, Sadia The European Sting 2023 [Ukrainian refugees and migrant health](#)

### **Understanding period poverty : a global issue impacting communities worldwide**

Khalid, Sadia The European Sting 2023 <https://europeansting.com/2023/06/29/understanding-period-poverty-a-global-issue-impacting-communities-worldwide/>

### **Understanding the extended consequences of COVID-19: It's not over yet, maybe**

Khalid, Sadia The European Sting 2023 [Understanding the extended consequences of COVID-19: It's not over yet, maybe](#)

### **Unravelling the factors: exploring the impact of COVID-19 and the internet on cognitive function**

Khalid, Sadia The European Sting 2023 [Unravelling the factors: exploring the impact of COVID-19 and the internet on cognitive function](#)

### **Youth advocacy and activism : empowering change and tackling menstrual challenges**

Khalid, Sadia The European Sting 2023 <https://europeansting.com/2023/07/03/youth-advocacy-and-activism>

### **Youth empowerment and involvement in the conversation of menstrual shame : things should change, must change now**

Khalid, Sadia The European Sting 2023 <https://europeansting.com/2023/07/05/youth-empowerment-and-involvement>