

Mõelda ja tegutseda nagu väike prints

Garnier, Stéphane 2021 https://www.ester.ee/record=b5449875*est https://www.ester.ee/record=b5449889*est

The primary purpose of yoga is self-knowledge or self discovery

Miller, Leon Inner change magazine: a transformative resource for higher knowledge [Electronic resource] 2013
<http://innerchangemag.com/articles/the-primary-purpose-of-yoga-is-self-knowledge-or-self-discovery/>